

## Preliminary data on the age structure of *Phrynocephalus horvathi* in Mount Ararat (Northeastern Anatolia, Turkey)

Kerim ÇIÇEK<sup>1,\*</sup>, Meltem KUMAŞ<sup>1</sup>, Dinçer AYZAZ<sup>1</sup> and C. Varol TOK<sup>2</sup>

1. Ege University, Faculty of Science, Biology Department, Zoology Section, Bornova, Izmir, Turkey

2. Çanakkale Onsekiz Mart University, Faculty of Science - Literature, Biology Department, Zoology Section, Terzioğlu Campus, Çanakkale/Turkey.

\*Corresponding author, K. Çiçek, E-mail: kerim.cicek@hotmail.com / kerim.cicek@ege.edu.tr

Received: 24. September 2012 / Accepted: 22. October 2012 / Available online: 23. October 2012 / Printed: December 2012

**Abstract.** In this study, the age structure, growth and longevity of 27 individuals (8 juveniles, 8 males and 11 females) from the Mount Ararat (İğdır, Turkey) population of *Phrynocephalus horvathi* were examined with the method of skeletochronology. According to the obtained data, the median age was 3.5 (range= 2-5) for males and 4 (2-5) for females. Both sexes reach sexual maturity after their first hibernation, and no statistically significant difference in age composition was observed between the sexes. According to von Bertalanffy growth curves, asymptotic body length was calculated as 51.29 mm and growth coefficient  $k = 0.60$ .

**Key words:** Skeletochronology, growth, longevity, *Phrynocephalus horvathi*, Northeastern Anatolia.

### Introduction

The genus *Phrynocephalus* is a core of the Palearctic desert herpetofauna together with the species from genus *Eremias* (Ananjeva et al. 2006). The Horváth's toad-headed agama, *Phrynocephalus horvathi* inhabits the Araks River Valley of Armenia, Turkey, Nakhichevan (Azerbaijan), and north-western Iran (Melnikov et al. 2008) and is found at up to 1,000 m a.s.l. The species generally lives in the open desert landscapes and saltwort and wormwood semi-desert with sparse xerophytic herbaceous vegetation and takyr-like (clay desert) soils (Başoğlu & Baran 1977, Ananjeva & Agasyan 2009). The main threats on the species is habitat fragmentation and loss due to land conversion, agriculture and urbanization in the Armenian part of its distribution (Ananjeva & Agasyan 2009). On the other hand, there is no visible anthropogenic pressure on the population in Anatolia (Çiçek et al. 2011).

Skeletochronology is a widely used method for age estimates regarding amphibians and reptiles depending on the annual growth rings developed in bones (Castanet & Smirina 1990, Castanet et al. 1993, Smirina 1994). This technique is quite successful in determining the age compositions of lizards (Castanet et al. 1988, Castanet & Baez 1991, El Mouden et al. 1997). Although there are studies on the distribution (Ananjeva et al. 2006), population dynamics and ecology (e.g. Shenbrot 1987, Rustamov & Shammakov 1967), age structure and life history (Smirina & Ananjeva 2001) of *Phrynocephalus helioscopus* s.l. (include *P. horvathi*), there is still lack of information about the age composition of the Anatolian population. The aim of this paper is to examine, through the skeletochronological study of humerus bones of *P. horvathi*, and to estimate age structure, some growth parameters, longevity and size at maturity.

### Materials and Methods

In this study, 27 preserved specimens of *P. horvathi* (8 males, 11 females and 8 juveniles) were collected between 25 June and 27 August from the sand dunes in Aralık, İğdır Province of Turkey [Lat.: 39.863483 °N, Long.: 44.505245 °E, 826 m a.s.l.]. The specimens were primarily collected to determine the herpetofauna of the vicinity of İğdır and secondarily evaluated in this study. The individuals were separated by sex and their body length (SVL) and total length (TL)

were measured using dial calipers to the nearest 0.01 mm and recorded.

Humerus bones were dissected from specimens, fixed in 70% alcohol and then washed with distilled water. After fixation, decalcification was performed in 5% nitric acid for 3-5 hours according to the size of bone. Tissue samples were embedded in paraffin, stained with Ehrlich's hematoxylin and then examined under light microscope. For each humerus, we selected at least three cross sections at the mid-diaphyseal level, with the smallest marrow cavity. The lines of arrested growth (LAG) were counted by two observers (K.Ç. and M.K.). In all cases, the observers were blind to the identification of the individuals. All mount preparations were photographed with an Olympus LC-20 Soft-Imaging System.

As our data was not normally distributed, the non-parametric Mann-Whitney U test was used to compare medians, and Spearman's rank correlation was used to estimate the relationship between SVL and age. Growth was estimated by von Bertalanffy's equation (1983) previously used in several studies on saurians (e.g. Wabstra et al. 2011, Roitberg & Smirina 2006, Guarino et al. 2010, Tomašević Kolarov et al. 2010). The modified growth formula is  $SVL_t = SVL_{max} \cdot (SVL_{max} - SVL_0) e^{-k(t)}$ , where  $k$  is the Brody growth rate coefficient (units are  $yr^{-1}$ ),  $t$  is the number of growing seasons experienced (age), SVL is the average length in the age groups calculated,  $SVL_{max}$  is the average length at the maximum age, and  $SVL_0$  is the average SVL of hatchling. The SVL at hatchling, approximately 20 mm ( $N=6$ ), was estimated by measuring newly hatched individuals at the end of June.  $SVL_{max}$ ,  $K$ , and their 95% confidence intervals were estimated through the nonlinear least-square regression with R version 2.15.1 (R Development Core Team 2012). The alpha was set at 0.05.

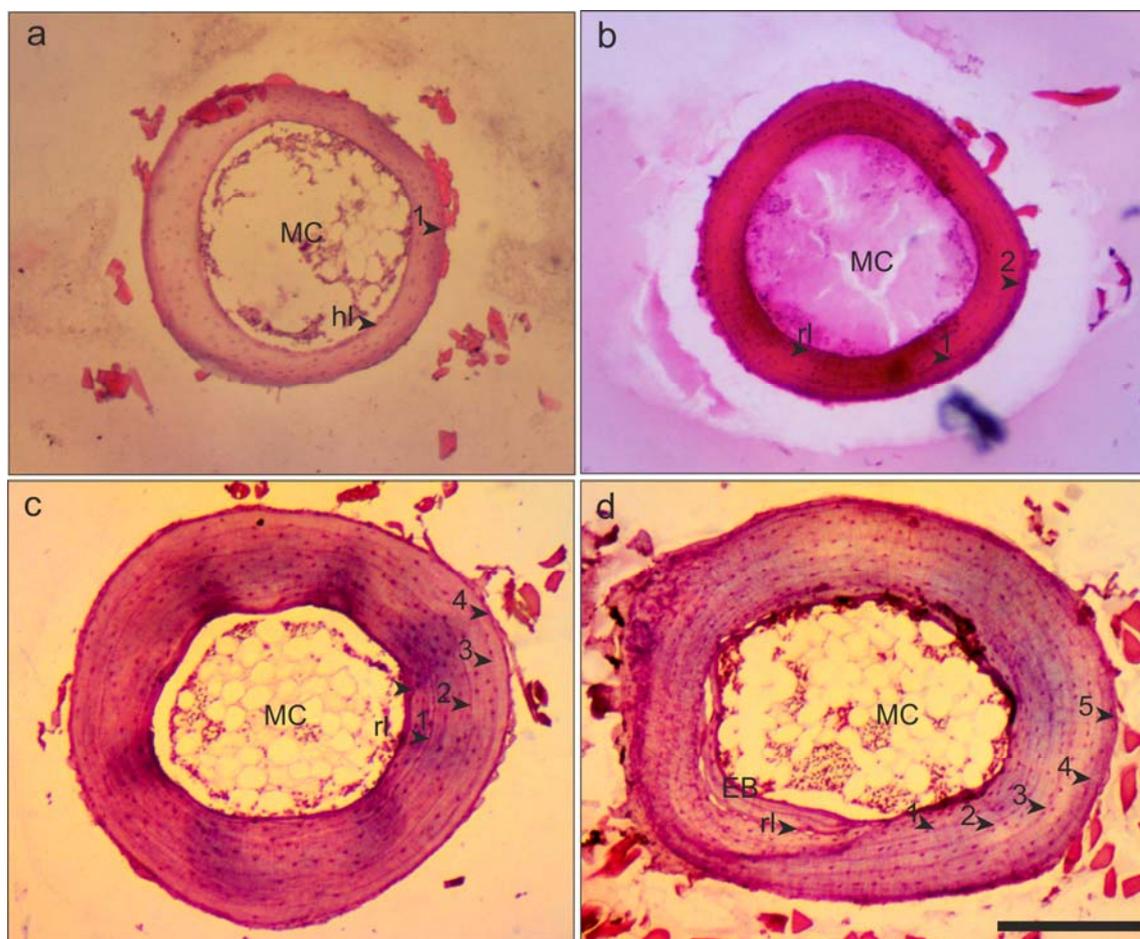
### Results

In the 27 individuals examined (8 males, 11 females and 8 juveniles), the mean snout-vent length was  $28.26 \text{ mm} \pm (1SD) 4.72$  in juveniles,  $43.71 \text{ mm} \pm 4.97$  in males and  $45.35 \text{ mm} \pm 5.05$  in females (Table 1). No difference in SVL ( $t = 0.70$ ,  $df = 17$ ,  $P < 0.491$ ) and TL ( $t = 1.66$ ,  $df = 17$ ,  $P < 0.115$ ) values was observed between the sexes.

The median age was calculated as 1 year ( $SD = 0.46$ , range= 1-2) in juveniles, 3.5 years ( $SD = 0.93$ , range= 2-5) in males and 4 years ( $SD = 1.12$ , range= 2-5) in females (Table 1, Figs 1 and 2). When compared in terms of age structure, no statistical significant difference was observed between males and females (Mann-Whitney U test,  $U = 42.50$ ,  $P = 0.904$ ). Both sexes reach sexual maturity after their first hibernation. In

**Table 1.** Summary statistics of snout-vent length (SVL) and total length (TL) related to each sexes and age of *P. horvathi* from Mount Ararat (Northeastern Anatolia).

Sex	Age	N	SVL			TL		
			Mean	SD	Range	Mean	SD	Range
Juveniles	I	6	26.02	2.427	22.01-28.73	54.11	5.211	45.62-59.59
	II	2	34.98	2.369	33.31-36.66	74.84	9.185	68.35-81.34
	Total	8	28.26	4.716	22.01-36.66	59.29	11.117	45.62-81.34
Males	II	1	34.33			77.23		
	III	3	43.48	4.691	38.08-46.55	91.45	12.357	77.88-102.06
	IV	3	45.19	0.996	44.04-45.81	100.02	2.212	96.32-102.06
	V	1	49.36			110.31		
	Total	8	43.71	4.966	34.33-49.36	95.24	11.888	77.23-110.31
Females	II	4	40.69	3.097	38.08-44.86	83.42	7.089	76.81-90.65
	IV	6	47.01	3.066	44.26-51.72	95.25	4.475	89.83-100.74
	V	1	54.03			108.72		
	Total	11	45.35	5.048	38.08-54.03	92.17	9.424	76.81-108.72

**Figure 1.** The cross-sections of *P. horvathi* from Mount Ararat (Northeastern Anatolia). (a) one year-old juvenile (SVL = 25.3 mm). (b) two year-old female (41.2 mm). (c) four year-old male (45.7 mm). (d) five years old female (54.0 mm). MC: marrow cavity, EB: endosteal bone, hl: hatchling line, rl: resorption line. arrows point to lines of arrested growth and resorption lines. Bar = 200  $\mu$ m.

the cross sections, it was observed that the first LAG was partially resorbed by the endosteal bone but did not disappear (in 14% of the individuals). The maximum age found was 5 in both sexes.

We recorded a strong positive correlation between SVL and age (Spearman's correlation coefficient,  $r = 0.991$ ,  $p < 0.001$ ). According to the von Bertalanffy formula, the maximum SVL was calculated as 51.29 mm (SE= 3.044, CI=

45.00-57.57) and the growth coefficient  $k$  as 0.60 (SE= 0.18, CI= 0.23-0.97) (Fig. 3).

#### Discussion

This study revealed that the estimated median age and longevity of *Phrynocephalus horvathi* from Mount Ararat were 3.5

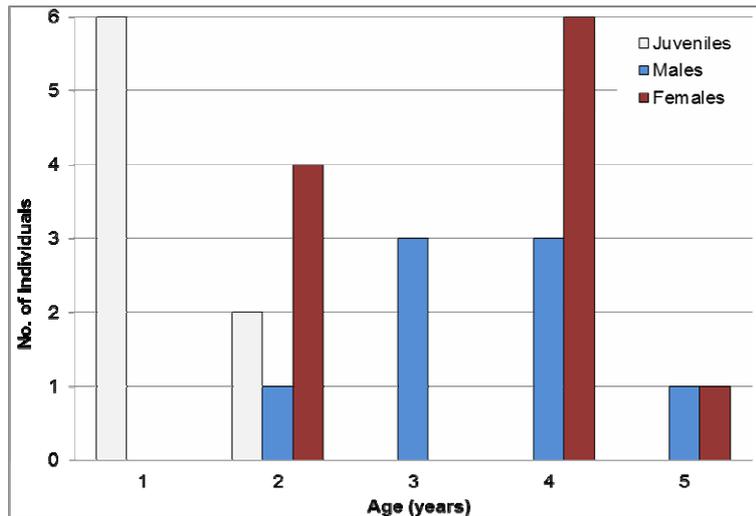


Figure 2. Age distribution of *P. horvathi* from Mount Ararat (Northeastern Anatolia).

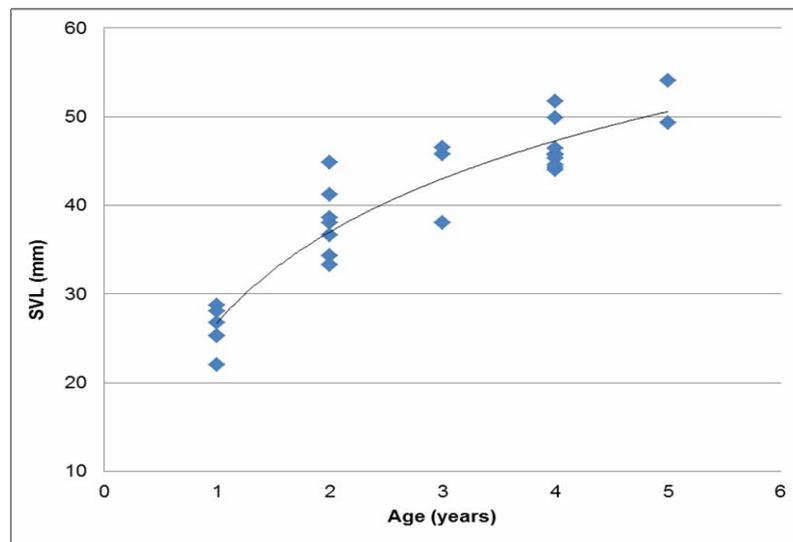


Figure 3. Growth curve of *P. horvathi* from Mount Ararat (Northeastern Anatolia).

$$SVL_t = 51.29 - (51.29 - 20.0) e^{-0.60(t)}$$

and 5 years in males and 4 and 5 years in females, respectively. The individuals reached sexual maturity after the first hibernation, and the modal age was three years for males and two years for females.

The maximum longevity was estimated in some agamid species: 4 years in *Calotes versicolor* (Lewontin 1965 in Castanet 1994), 3-4 years in *Psammophilus dorsalis* (Cole 1974 and Lewontin 1965 in Castanet 1994), 12-13 years in *Laudakia caucasia* (Panov & Zykova 2003), 9-10 years in *Laudakia stoliczkana* (Smirina & Ananjeva 2007), 5 years in *Agama impalearis* (El Mouden et al. 1997) and 6 years in *Sitana ponticeriana* (Pal et al. 2009). In the Eastern Kazakhstan population of *Phrynocephalus melanurus*, longevity was found as 5 years and a strong positive correlation was observed between SVL and age (Ananjeva et al. 2006).

The resorption rate in lizards is low and these lines are often lost even in oldest individuals (e.g. Castanet et al. 1988, Castanet 1994). The layers, formed in bones, remain throughout life because the majority of reptiles have a non-

vascularized bone tissue. So, the second remodeling of the bone tissue does not occur (Smirina & Ananjeva 2007). The first LAG was partially resorbed by endosteal resorption in only 14% of the individuals.

In *Agama impalearis*, the growth rate ( $k$ ) was found as 0.85 [month<sup>-1</sup>] in males and 1.08 in females (El Mouden et al. 1999). In *Dinorolacerta mosorensis*, the maximum age was calculated as 9 years and the growth rate was calculated as 0.40 in males and 0.54 in females (Tomašević Kolarov et al. 2010). In the Korean population of *Eremias argus*, age ranges from 2 to 11 in females and from 2 to 8 in males, while the growth rates are 0.22 and 0.26, respectively (Kim et al. 2010). In *Phrynocephalus horvathi*, the growth rate was calculated as 0.60. Growth rates could reflect environmental conditions such as thermal environment and food availability (e.g. Jenssen & Andrews 1984; Smith & Ballinger 1994). Consistent relationships between growth rate, age at maturity and adult survival, have also been established in several lizard species (Shine & Charnov, 1992).

In reptiles, body length, growth rate, sexual maturity and age may greatly vary among populations (Guarino et al. 2010). The populations which generally live at high altitudes and in northern latitudes have higher longevity than those living at low altitudes and in southern latitudes (Wabstra et al. 2001, Roitberg & Smirina 2006, Guarino et al. 2010). Roitberg & Smirina (2006) stated that in *Lacerta agilis*, age ranged from 2 to 8 and that the maximum age was 4-6 in the populations at low altitudes (20-600m) and 7-8 in the populations at high altitudes (960-1,900m). Horváth's toad-headed agama is a species with relatively short life (5 years) and generally ranged at altitudes of up to 1,000 m.

**Acknowledgements.** We thank Ella M. SMIRINA for her valuable comments on an earlier version of the manuscript and Ivelin MOLLOV reviving English style. This study constitutes part of a project [Project No: 108T559] supported by the Scientific and Technological Research Council of Turkey (TÜBİTAK). We are indebted to TÜBİTAK for the financial support it has provided.

## References

- Ananjeva, N.B., Agasyan, A. (2009): *Phrynocephalus horvathi* In: IUCN 2010. IUCN Red List of Threatened Species. Version 2010.2. Available at: [www.iucnredlist.org, accessed: 29.08.2012].
- Ananjeva, N.B., Myasnikova, N.F., Agasyan, A.L. (2006): Distribution of *Phrynocephalus persicus* (Sauria, Agamidae) in Aras River Valley: Using of Geographical Information System. *Modern Herpetology* 5(6):18-40. [in Russian]
- Ananjeva, N.B., Orlov, N.L., Khalikov, R.G., Darevsky, I.S., Ryabov, S.A., Barabanov, A. (2006): An atlas of the reptiles of Northern Eurasia: Taxonomic diversity, distribution, conservation status. *Pentsoft Series Faunistica* No: 47, Pensoft Publishers.
- Başoğlu M., Baran, I. (1977): Türkiye sürüngenleri, kısım I. kaplumbağa ve kertenkeleler, [The reptiles of Turkey, part I. The turtles and lizards]. Ege University, Faculty of Science Book Series no: 76, İlker Matbaası. [in Turkish]
- Castanet, J. (1994). Age estimation and longevity in Reptiles. *Gerontology* 40: 174-192.
- Castanet, J., Baez, M. (1991): Adaptation and evolution in *Gallotia* lizards from the Canary Islands: age, growth, maturity and longevity. *Amphibia-Reptilia* 12: 81-102.
- Castanet, J., Francillon-Vieillot, H., Meunier, J.F., De Riquès, A. (1993): Bone and individual aging, pp. 245-283. In: Hall B.K. & Raton B. (eds.), *Bone*, Vol. 7: *Bone Growth-B*, CRC Press.
- Castanet, J., Meunier, J.F., Ricqles, A.D. (1977): L'enregistrement de la croissance cyclique par le tissu osseux chez les vertébrés poikilothermes: données comparatives et essai de synthèse. *Bulletin Biologique de la France et de la Belgique* 16: 183-202.
- Castanet, J., Newman, D.G., Giron, H.S. (1988): Skeletochronological data on the growth, age, and population structure of the Tuatara, *Sphenodon punctatus*, on Stephens And Lady Alice Islands. *New Zealand Herpetologica* 44(1): 25-37.
- Castanet, J., Smirina, E.M. (1990): Introduction to the skeletochronological method in amphibians and reptiles. *Annales des Sciences Naturelles Zoologie* 11: 191-196.
- Çiçek, K., Ayaz, D., Tok, C.V., Tayhan, Y. (2011): Data on food composition of *Phrynocephalus horvathi* Mehely, 1984 in Mount Ararat (Northeastern Anatolia, Turkey). *Ecologia Balkanica* 3(1): 69-73.
- El Mouden, E., Francillon-Vieillot, H., Castanet, J., Znari, M. (1997): Age individuel, maturité, croissance et longévité chez l'agamidé nord-africain, *Agama impalearis* Boettger, 1874, étudiés à l'aide de la squeletochronologie. *Annales Des Sciences Naturelles-Zoologie et Biologie Animale* 18: 63-70.
- El Mouden, E., Znari, M., Brown, R.P. (1999): Skeletochronology and mark-recapture assessments of growth in the North African agamid lizard (*Agama impalearis*). *Journal of Zoology* 249: 455-461.
- Guarino, F.M., Gia, I.D., Sindaco, R. (2010): Age and growth of the sand lizards (*Lacerta agilis*) from a high Alpine population of north-western Italy. *Acta Herpetologica* 5(1): 23-29.
- Jenssen, T.A., Andrews, R.M. (1984): Seasonal growth rates in the Jamaican lizard, *Anolis opalinus*. *Journal of Herpetology* 18: 338-341.
- Kim, J.K., Song, J.Y., Lee, J.H., Park, D. (2010): Physical characteristics and age structure of Mongolian racerunner (*Eremias argus*; Larcertidae; Reptilia). *Journal of Ecology and Field Biology* 33(4): 325-331.
- Melnikov, D.A., Ananjeva, N.B., Agasyan, A.L., Rajabizadeh, M. (2008): Historical background and taxonomic status of the Persian Toad-Headed Agama *Phrynocephalus persicus* De Filippi, 1863 and Horwath's Sun-watcher toad-head agama *Phrynocephalus helioscopus horvathi* Mehely, 1894. *Questions of Herpetology* 2008: 286-297.
- Pal, A., Swain, M.M., Rath, S. (2009): Long bone histology and skeletochronology in a tropical Indian lizard, *Sitana ponticeriana* (Sauria: Agamidae). *Current Herpetology* 28(1): 13-18.
- Panov, E.N., Zykova, L.Y. (2003): Mountain agamas of Eurasia (Gornye agamy Evrazii). *Lazur*. [in Russian]
- R development Core Team (2012): R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. Available at: [http://www.r-project.org/, accessed: 29.08.2012].
- Roitberg, E.S., Smirina, E.M. (2006): Age, body size and growth of *Lacerta agilis boemica* and *L. strigata*: A comparative study of two closely related lizard species based on skeletochronology. *Herpetological Journal* 16: 133-148.
- Rustamov, A.K., Shammakov, S.M. (1967): Ecology of *Phrynocephalus helioscopus* Pallas in Turkmenia. *Zoologicheskyy Zhurnal* 46(5): 741 - 748.
- Shenbrot, G.I. (1987): Dynamics of *Phrynocephalus helioscopus* and *Ph. reticulatus* populations (Reptilia, Agamidae) in the south of Bukhara district. *Zoologicheskyy Zhurnal* 66(5): 787-789.
- Shine, R., Charnov, E.L. (1992): Patterns of survival, growth, and maturation in snakes and lizards. *American Naturalist* 139: 1257-1269.
- Smirina, E.M. (1994): Age determination and longevity in Amphibians *Gerontology* 40: 133-146.
- Smirina, E.M., Ananjeva, N.B. (2001): About the aging and life longevity of desert lizards of *Phrynocephalus* genus. *Russian Journal of Zoology* 1: 39-43.
- Smirina, E.M., Ananjeva, N.B. (2007): Growth layers in bones and acrodont teeth of the agamid lizard *Laudakia stoliczka* (Blanford, 1875) (Agamidae, Sauria). *Amphibia-Reptilia* 28: 193-204.
- Smith, G.R., Ballinger, R.E. (1994): Temporal and spatial variation in individual growth in the spiny lizard, *Sceloporus jarrovi*. *Copeia* 1994: 1007-1013.
- Tomašević Kolarov, N., Ljubisavljević, K., Polović, L., Džukić, G., Kalezić, M.L. (2010): The body size, age structure and growth pattern of the endemic Balkan mosor rock lizard (*Dinarolacerta mosorensis* Kolombatović, 1886). *Acta Zoologica Academiae Scientiarum Hungaricae* 56(1): 55-71.
- von Bertalanffy, L. (1938): A quantitative theory of organic growth *Human Biology* 10: 181-213.
- Wapstra, E., Swain, R. (2001): Geographic and annual variation in life history traits in a small Australian skink. *Journal of Herpetology* 35: 194-203.