New records of frugivory and ovophagy in *Podarcis* (Lacertidae) lizards from East Mediterranean Islands

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Insular lizard populations deviate in numerous ways from their mainland kin (Losos & Ricklefs 2009). Variation in body size, morphology, life history and behavior are only few of the cases that have been reported (Meiri 2007, Herrel et al. 2008, Pafilis et al. 2008, 2011). Feeding ecology is not an exception to this general rule. Food scarcity imposes drastic constraints, and island populations must expand their diet by adopting uncommon practices such as cannibalism (Pérez-Mellado & Corti 1993, Castilla & Van Damme 1996, Pafilis et al. 2008, Zuffi & Giannelli 2013), or even extreme solutions such as the consumption of scorpions or marine prey (Castilla & Herrel 2009, Castilla et al. 2009). Herbivory is another typical adaptation to insularity; island lizards often increase their consumption of plant material so as to compensate for low food availability (Van Damme 1999, Espinoza et al. 2004, Vervust et al. 2010).

Many of the 21 *Podarcis* species are found on Mediterranean islands (Corti et al. 1999). Their diet largely consists of terrestrial invertebrates, primarily insects (Arnold & Ovenden 2002), though they are known to prey on a wide array of invertebrates, vertebrates, and even plant matter (Van Damme 1999, Carretero 2004). Though cannibalism and herbivory are well-documented in many of these populations around the Mediterranean, ovophagy (consumption of eggs) and frugivory (consumption of fruits) have seldom been reported, and only from the western part of the basin (Pérez-Mellado et al. 2000, Fici & Lo Valvo 2004, Dappen 2011, Celedon-Neghme et al. 2013). Here we relate the first observations of these two dietary strategies in two east Mediterranean species of *Podarcis*.

Our behavioral observations refer to two lizard species from Greece: the Skyros wall lizard (*Podarcis gaigeae*), an endemic species from the Skyros Archipelago (Fig. 1) and the Aegean wall lizard (*P. erhardii*), a lacertid with wide distribution south of the Balkans (Valakos et al. 2008). Both species are medium-sized, ground-dwelling lizards (snout-to-vent length 49-78 mm) that feed mainly on insects, especially Coleoptera (Valakos 1986, Arnold 1987). *P. gaigeae* has a reputation for its cannibalistic propensities (Adamopoulou et al. 1999, Pafilis et al. 2009).

While surveying *P. erhardii* individuals in the Moni valley of Naxos Island (Fig. 1, 37° 0’49.37”N, 25° 29’50.75”E), CMD observed a fallen orange fruit under its tree (*Citrus sinensis*), whose rind had been chewed (seemingly by a small mammal; rats are abundant in this area) creating a 5 cm hole. The fruit flesh had been chewed out, and a large male *P. erhardii* was half-inside the rind-shell. The video recorded for 25 minutes, and during that time the male lizard previously observed approached the orange and was immediately chased away, suggesting this was a valuable food resource. After half an hour, orange flesh had noticeably been removed from both orange halves. The video recorded for 25 minutes, and during that time the male lizard previously observed and a large female *P. erhardii* were seen nearly continuously lapping up orange juice and eating the fleshy pulp. At one point another adult male approached the orange and was immediately chased away, suggesting this was a valuable food resource. After half an hour, orange flesh had noticeably been removed from both orange halves.

Wild-caught *P. erhardii* from Moni, were also brought back to the lab and held in captivity for 48 hours. Ten males and ten females from the same population were housed in a 1 m corridor where they were fed and watered ad libitum, and allowed to thermoregulate across a thermal gradient. Shortly after a feeding, KMB observed a freshly laid egg in the arena. The egg was subsequently picked up by a large male (Fig. 2a) and carried around the arena. The focal male was contested by several other males, but successfully warded off all competitors. The egg was consumed 5 minutes later.
In a field trip to the island of Piperi (Fig. 1, 39° 20'44.03"N, 24° 19'17.71"E) PP left a half-eaten apple on the ground. Soon a female *P. gaigeae* arrived and started licking the juices of the fruit (Fig. 2b). After a while another female approached but the first one chased it away and returned to its trophy for 4 minutes. When the first female abandoned the apple, her rival reappeared and fed on the fruit.

On the sandy north coast of Andros Island (Fig. 1, 37° 54'34.07"N, 24° 50’20.58'E) PP watched a juvenile *P. erhardii* approach the remains of a picnic. A piece of watermelon attracted its attention (Fig. 2c). The juvenile lizard remained on the spot for approximately 3 minutes, during which it consumed a considerable part of the fruit.

Under the demanding conditions of islands, lizards are doing their best to make the most of the limited resources they encounter. Particularly in the case of east Mediterranean islands, the pri-
mary obstacle to overcome is the harsh lack of wa-
ter. One documented mechanism for obtaining
water in this region is through dietary shifts. For
example, island Podarcis include more mealworms
in their summer diet (Valakos et al. 1997, Ada-
mopoulou et al. 1999). Fruits, with their high wa-
ter content, represent an excellent water source
and are likely exploited when found out. Eggs, on
the other hand, are a high-energy food that pro-
vides a high amount of calories and nutrients.

Dietary research remains an important topic in
the study of reptilian biology and new studies are
badly needed (Pérez-Mellado et al. 2011). Our ob-
servations expand upon previous stomach content
analyses on the diet of Podarcis lizards to give a
more complete view of the natural history of the
genus. These four incidents also reflect previously
hypothesized, but undemonstrated similarities
with members of the genus on western Mediterra-
nean islands. This suggests that additional work to
elucidate inter-island context-dependent differ-
ences in P. erhardii diet may provide similarly in-
teresting insights.

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